Wolverine WISE · Sample Report

PUBLIC DEMONSTRATION · FICTIONAL SAMPLE DATA · NOT A CLASSROOM SUBMISSION

Exercise & Sports Science · Ellis, Jordan · Sample Patient ID 0043

Chart Summary

DOB 07/09/1968 · 58 years · Sex Male

Allergy: Penicillin · Hives

History: Previous ankle sprain; patient reports ongoing stiffness with activity.

Medications: Medication reconciliation pending instructor review.

Sample Encounter

Activity and Mobility Review · 09/10/2026 · Demo Student · Signed (demonstration)

Patient describes a goal of improving walking tolerance. Activity history and reported limitations reviewed.

Plan: Prepare an instructor-supervised exercise plan and document the next review.

Addendum: Allergy reaction confirmed during intake. Original documentation preserved.

Observations

Observed (EDT)	Pulse (bpm)
09/08/2026 9:00:00 AM	84
09/09/2026 9:00:00 AM	80
09/10/2026 9:00:00 AM	78

Activity Follow-Up

Recorded the assigned warm-up, activity tolerance, and cool-down observations for the sample visit.

Sample Workout Plan

Instructor-supervised fictional planning example.

Exercise	Sets	Repetitions / Duration
Warm-up walk	1	5 minutes
Chair sit-to-stand	2	8 repetitions
Cool-down walk	1	3 minutes