Wolverine WISE · Sample Report

PUBLIC DEMONSTRATION · FICTIONAL SAMPLE DATA · NOT A CLASSROOM SUBMISSION

Exercise & Sports Science · Morgan, Avery · Sample Patient ID 0042

Chart Summary

DOB 04/18/2000 · 26 years · Sex Female

Allergy: Latex · Rash

History: Seasonal allergies; no surgeries reported.

Medications: No current medications reported.

Sample Encounter

Activity and Mobility Review · 09/10/2026 · Demo Student · Signed (demonstration)

Patient describes a goal of improving walking tolerance. Activity history and reported limitations reviewed.

Plan: Prepare an instructor-supervised exercise plan and document the next review.

Addendum: Allergy reaction confirmed during intake. Original documentation preserved.

Observations

Observed (EDT)	Pulse (bpm)
09/08/2026 9:00:00 AM	78
09/09/2026 9:00:00 AM	74
09/10/2026 9:00:00 AM	72

Activity Follow-Up

Recorded the assigned warm-up, activity tolerance, and cool-down observations for the sample visit.

Sample Workout Plan

Instructor-supervised fictional planning example.

Exercise	Sets	Repetitions / Duration
Warm-up walk	1	5 minutes
Chair sit-to-stand	2	8 repetitions
Cool-down walk	1	3 minutes